



Environment



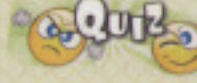
Hygiene



Health



Wild Life



Quiz



Why

SHOULD WE SAVE



Tiger?

Recycled paper

Not only is tiger a beautiful animal but it is also the indicator of the forests health. Saving the tiger means we save the forests since tiger cannot live in places where trees have vanished and in turn secure food and water for all.



If we make sure tigers live, we have to make sure that deer, antelope and all other animals that the tiger eats (its prey base) live. To make sure that

these herbivores live, we must make sure that all the trees, grass and other plants that these prey animals



other animals in it.

Also forests catch and help store rainwater and protect soils. In this way we protect our rivers and recharge groundwater sources. Areas with less trees lead to floods, killing people and destroying homes. It takes away the precious soil, leaving behind a



waste land. The soil jams up our lakes and dams, reducing their ability to store water. By destroying the tigers home, tigers.



need for food are protected. In this way, the whole forest gets saved! Saving the tiger means saving its entire forest kingdom with all the



we not only harm tigers, but also ourselves. The tiger thus becomes the symbol for the protection of all species on our earth since it is at the top of the **food chain**.

**This is why we sometimes call the tiger an apex predator, an indicator of our ecosystem's health.**

### What does Tiger like?

A tiger is a powerful jumper and can easily leap 10 feet off the ground. Tigers can run 35



miles per hr! That's really fast. Whether in the wild or in captivity the tiger loves to sleep.

Tigers always live in forests because they offer places to hide. Tigers do not like big open spaces. Tigers like to hide, because they hunt by sneaking up on their prey. If they didn't have grasses or trees to hide behind they would never get food!



Tigers don't like becoming pets because they are wild. Even captive cubs that have been raised by humans are not domesticated.



### Why is the tiger sad?

Tigers are sad because people have killed many of their friends and relatives. Tigers are now an endangered species. Today there are only about 5,000 to 7,400 tigers left in the world.

These tigers would soon die if people do not stop hunting them. It is estimated that 100 years ago, there were 50,000 to 80,000 tigers in India alone. Three types of tigers, The Bali, Javan, Caspian tigers have become extinct (not even one of them is left in this world) in the past 70 years.



### There are 2 reasons why tigers are endangered.

1. Habitat Loss: People cut forests where tigers live, to do farming, build houses or buildings. This leads to tiger becoming homeless and foodless. Animals which the tiger eats also die when forests

are cut. This leads to tigers becoming weak and ultimately they die.

**Illegal Killing:** Tigers are killed to make rugs and coats out of their skins, and also



because in many Asian cultures medicines made from parts are believed to cure diseases. Tigers and many other endangered species are killed illegally for their skins and body parts. Products made from rare wild animals such as spotted cats, tigers, rhinos, and elephants are still sold illegally.

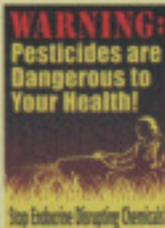
### Kids like you can help Tigers. How can you help the Tiger?

1. Start a tiger club in your school.
2. Visit tiger reserves with your family to know more about tiger conservation.
3. Write a letter. Start a letter writing campaign to help protect tigers.
4. Learn all you can about tigers, and teach others about the threats to tigers. Teaching people about the dangers tigers face is an important part of bringing about change.



## Adopt A Sustainable Lifestyle.

1. Don't use pesticides, herbicides or chemical fertilizers in farms. Use garden waste, kitchen waste and cow dung as fertilizers, pesticides.



2. Recycle paper, cardboard, glass, plastic and whatever else your local recyclers will accept.



3. Buy, eat and grow organic foods. They are grown without pesticides, herbicides, or chemical fertilizers.



4. Don't burn paper, wood, trash or anything else unless it is absolutely necessary.

5. Combine trips to take care of the shopping to limit driving and save gas.



6. A pressure cooker can

save 75% of the energy required for cooking.

7. Keep vessels covered with a lid during cooking. This helps to cook foods faster and saves fuel.



8. Use rechargeable batteries. Although they may cost more to buy, rechargeable batteries will save you 10 or 20 times the original cost (by not buying new batteries over and over again). Also, they will not add to the hazardous trash. Minimise the use of batteries.



9. If you have a leaking tap or pipe, get it fixed. But, what about the time before it's fixed? Put a pan, bowl, or cup underneath to catch the water, and use it for something else like watering a plant, cleaning, etc.



10. Don't use disposable

products.

Diapers, pens, razors, tissues they all come in reusable as well as disposable forms. Use cloth diapers instead of disposable plastic ones. Don't use disposable paper towels. Put your old clothes (tee-shirts or towels) to use as rags. Don't get trapped into the world of simple disposable items just because 'it's easy and convenient'.



11. Spread the word about conservation. Anyway you can, get people to think about the earth. Always look for environment-safe products and encourage others to do the same. From recycling to buying less packaging to planting trees to saving water to conserving energy,

KEEP THE ENVIRONMENT IN MIND.



Fun activities

### Paper Plate Reindeer Card Holder

What you will need: Three dinner-sized paper plates, paint, plastic forks, red pompom or a button, paper, and glue.

What to do:

1. To make the body place two paper plates together, top to top. Cut off the top quarter of the plates to make a card holder, then glue the plates together as

shown.

2. To make the head fold a paper plate almost in half as shown in the picture to the right.

3. Measure 3 3/4" in from the sides of the folded edge of the paper plate. Fold the sides back 3 3/4" to form the head shape as shown at the left. Glue or staple the sides together on the back.



4. Glue the head to the body as shown.


5. Cut out leg, tail, and ear shapes from brown paper and glue them to the body and head.

6. To make the antlers cut two plastic forks in half and glue each half fork to a whole fork as shown in the picture. Glue them to the back of the head.



7. Paint the paper plates and antlers. Glue on a red pompom for the nose.

9. Attach a string or strong magnet to the back of the reindeer to hang it up. Place your Christmas cards in the holder.

 <p><b>About Life</b></p>	<p>The most destructive habit</p> <p>The greatest joy</p> <p>The most endangered species</p> <p>Our greatest natural resource</p> <p>The greatest "shot in the arm"</p> <p>The greatest problem to overcome</p> <p>The most effective sleeping pill</p> <p>The most crippling disease</p> <p>The most powerful force in life</p>	<p>Worry</p> <p>Giving</p> <p>Dedicated leaders</p> <p>Our youth</p> <p>Encouragement</p> <p>Fear</p> <p>Peace of mind</p> <p>Excuses</p> <p>Love</p>
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## QUIZ Time

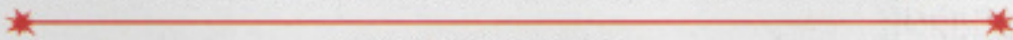
1. Travelling by ..... is the safest means of transportation.  
 a. railway.  
 b. air.  
 c. road.  
 d. sea.

2. A shrimps head is in it's .....  
 a. head.  
 b. tail.  
 c. body.  
 d. whiskers.

3. The most destructive habit .....  
 a. Laughing.  
 b. Worrying.  
 c. Crying.  
 d. Over eating.

4. The loudest animal in the world is the.....  
 a. Blue Whale.  
 b. Tiger.  
 c. Elephant.  
 d. Hyena.

Answer the quiz and mail it to us with all your contact details by 30<sup>th</sup> March 2010 at [admin@burhanifoundationindia.org](mailto:admin@burhanifoundationindia.org) or you could even mail it on the following address and the lucky winner will receive exciting prizes.



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